

# Saint John XXIII Athletic Handbook



Dear Parents and Student-Athletes,

The Saint John XXIII Athletic Department welcomes your family to our after school sports program and encourages and promotes participation to develop strong fundamentals, integrity, sportsmanship, teamwork and Christian leadership skills in a positive and motivating environment. We believe it is important for all students to experience team sport because of the life lessons taught, lifelong friendships made and the overall development of body, mind and soul. Our program focus is player development and we will strive to achieve excellence in developing fundamentals and preparing our student athletes for competition and the next level of play. Athletics are available to all students in grades 5-8.

We hope to field teams for each grade level and will field multiple teams if numbers and coaches permit. Combo teams (5/6, 7/8) will be formed otherwise. Our goal is to limit team size to twelve players to foster a quality learning environment and allow coaches to work one on one with our athletes, meeting individual needs/goals as well as team instruction and goals. This will also enable quality play during games and tournaments. Our fifth and sixth grade teams are developmental and our priority is focused on fundamentals. Our seventh and eighth grade teams will also focus on player development but will be fielded according to ability; emphasizing teamwork, attitude, work ethic, goal-setting and Christian leadership.

Enclosed in our athletic handbook is a St. John XXIII Sports Contract, medical release and emergency/physical forms, league philosophies and parent/player/coach codes of conduct. Please review and complete all forms in this packet prior to the first day of practice. Annual physicals are required for each student athlete by the Diocese of Phoenix and must be current for the school year. If a student athlete participates in multiple sports, his or her physical/contract will be on file for the entire year. A fee of \$85 will be charged for each sport that the athlete participates in. Fees make up our yearly budget and help pay for uniforms, equipment, fields, officials, tournaments and league costs. The athletic fee also includes team/personal photos along with a t-shirt. Uniforms will not be handed out until all paperwork and fees are turned in. Expectations, codes of conduct and behavioral consequences are clearly defined in our handbook and will be enforced. All Sport sign-ups are to be completed on-line on the school website under athletics prior to try-outs for each season. The athletic website will post schedules and pertinent information.

**Fall Sports:** Boys Football, Girls Volleyball, Cross Country

**Winter Sports:** Boys Basketball, Girls Softball, Soccer

**Spring Sports:** Boys Baseball, Girls Basketball

We will need volunteer coaches for all grade levels. If you are interested, please fill out the coach's application as soon as possible. All coaches will need to take the Safe Environment class prior to their season! Coaching responsibilities will include: developing strong fundamentals, teaching rules and proper terminology and techniques to increase sport IQ and court/field awareness, setting game/practice schedules, maintaining field/court, collecting paperwork and fees, handing out and collecting uniforms with the athletic director and organizing transportation (can be done by team parent). We have been very fortunate and blessed to have talented, experienced and knowledgeable coaches in our program. Without your efforts and commitment to Saint John athletes our program would not exist. I sincerely thank all of our coaches in advance for their time commitment and dedication to our program.

Lastly, communication between our department, administration, parents and players is crucial for success and we look forward to working together with your family to provide a quality program and experience for all involved this year.

Go Lions!!!

## **Catholic Youth Athletic Association Philosophy**

The interscholastic athletic program of the Catholic Schools is an integral part of the education program. It must, therefore, be in harmony with the educational objectives. Any interscholastic athletic activity should teach:

1. An individual to be a responsible and contributing team member
2. Selfless effort in working with others to reach a common goal
3. Appreciation of others efforts, whether they be teammates, opponents, officials or coaches
4. An ability to keep activities and games in proper perspective

Athletics should be a significant, valuable community activity, foster loyalty, school spirit, student participation and healthy competition. Goals of the athletic program should be meaningful to all student s in a school.

The main objectives of the Catholic Youth Athletic Association program should be that of developing qualities of leadership, good sportsmanship, and promoting a Christian atmosphere in which students will grow in respect and concern for others in their own environment as well as in society as a whole.

Emphasis should be placed upon the development of game fundamentals. Principals, coaches, and parents should encourage players to give their best, improve their skills and have fun when playing a game.

## **CYAA Season and Tournament Play**

Participation in student athletics on the 5<sup>th</sup> and 6<sup>th</sup> grade level is primarily for the purpose of instruction. During season and tournament play ALL team members at all grade levels MUST PARTICIPATE IN EACH GAME the equivalent of the time requirements listed below: During season play it is strongly recommended that playing time exceed these requirements. During tournament play the same time requirements are in effect.

Football: 1 quarter

Volleyball: Minimum 10 serves per match played

Basketball: 4 minute player substitution-all players participate in the first half/Second half open  
Substitutions at coach's discretion

Baseball: 3 outs or one time at bat

Softball: 3 outs or one time at bat

Where possible, schools are encouraged to sponsor multiple teams in order to provide sufficient playing time for all student athletes. C.Y.A.A. recommends "no cuts". Each team must remain together during both season and tournament play. Teams may not be reconfigured for the tournament.

No student/athlete may participate in the CYAA sports program that is in a grade under grade 5.

School Regions:

Each school will be put into a Region according to location (North, South, East, and West). Teams within each region will play each other once (minimal) during each season. Others games may be scheduled around the already set schedule. All teams must play pre-scheduled games to ensure acceptance into the tournament.

If your team is unable to play in a scheduled game and you do not notify the school by 12:00 noon the day of the game, you must reimburse the opposing team the cost of the officials. Home teams must call the opposing team to confirm games by 12:00 noon the day of the game to preclude a possible cancellation. Each team must bring the following to all tournament games: Pinnies and First Aid Kit.

The CYAA Tournament will be double elimination with the top two teams from each Region Tournament playing for the Championship. Regions are subject to change.

## **Role of the Coach**

A coach has a strong influence on the children with whom he/she works. Therefore, it is of utmost importance that a coach in the CYAA league, display the qualities of good sportsmanship and Christian attitudes. A coach should be aware of his/her opportunity to instill Christian attitudes and characteristics in layers while on the playing field. A coach should be an instructor and disciplinarian to the team players as well as a friend. A coach in the CYAA leagues Code of Conduct is expected to:

1. Be committed to the philosophy of the CYAA program.
2. Be knowledgeable of the contents of the CYAA handbook and applicable AIA rules. It is imperative that all coaches have a CYAA handbook including the Code of Conduct and applicable sports rules.
3. Encourage all eligible students, even those who are not exceptionally skilled, to participate in the CYAA athletic program.
4. Maintain an up to date roster for each sport season.
5. See that all players have sports paperwork completed and fees turned in. Emergency forms must be kept with coach at all times.
6. Make good use of practice time for instruction of all players in the fundamental skills and rules of the game.
7. Guide team members in cooperating with one another and accepting the weaknesses and strengths of all team members.
8. Insure that all players participate according to CYAA regulations.
9. Supervise student athletes entrusted in their care so that there is supervision by the coach, assistant coach. Or other adult at all times. This includes before and after games and practices.
10. Ensure that no team be engaged in practice or competition unless there is an adult present who possesses basic first aid and CPR training and certification.
11. Oversee the safety and maintenance of athletic equipment and playing facilities.
12. Keep lines of communication open; reporting scores to AD for courtyard prayer, website, and Passages.
13. Evidence a positive attitude in relating with the team members.
14. Act in a mature and professional manner while exercising the duties outlines.
15. Refrain from offensive language and actions at all times.
16. Be an example of respect and cooperation in relating to officials.
17. Use positive sideline coaching during CYAA games.
18. Refrain from physically, emotionally, or verbally abusing a player at any time during practice or a game.
19. Refrain from laying a hand upon, pushing, shoving, striking, or threatening to strike an official or game supervisor or being guilty of objectionable demonstration by forceful action of an official's decision. Respect the judgment of an official or umpire.
20. Make sure all question regarding rule interpretation are settled before the contest.
21. Be held responsible to unruly actions or the misconduct of our own spectators.
22. Refrain from publicly discussing any calls by the officials in a derogatory or abusive way.
23. Attend all meetings directed by the CYAA. If the coach is unable to attend he/she is responsible for sending a representative.
24. Notify opponents and AD of schedule changes.
25. Insist team shake hand with their opponents after the contest and behave with courtesy at all times.
26. Never come to a practice or game in an intoxicated condition.
27. Hold a pre-game prayer with the team before each game.
28. Submit complaints to AD following CYAA policy if need be.
29. No smoking.
30. Scheduled league games must be played and take precedence over non-league practice games. No

more than two games per week may be scheduled.

31. Be current with Safe Environment Training.
32. Ensure that athletes, parents, relatives or friends conduct themselves in a Christian manner at all games.
33. Ensure that coaches, athletes, parents, relatives or friends understand that if they cause an adverse effect on the school, the league or the games/tournaments, the Athletic Director has the authority to take immediate action.
34. Ensure that coaches, athletes, parents, relatives or friends understand that absolutely no one is to approach the official scorekeepers table or officials at any time. It is the responsibility of the official to verify all concerns regarding tournament play. If someone does approach the bench it may result in a technical foul, ejection and/or forfeiture of the game.
35. Bring to the tournament our own pinnies.
36. Bring a first aid kit to all games and practices.
37. Assign athletes to vehicles when carpooling to games and tournaments and make sure Driver Information forms are current and on file in the school office.
38. Sign off on this CYAA code of conduct agreement.

Violation of the CYAA coach's code of conduct will result in a technical foul, removal from the game or forfeiture of the game depending on the degree of infraction. The coach will not participate in the next scheduled game. If warranted, further action will be taken by the school principal, the Athletic Director and the CYAA board.

Saint John XXIII asks that each coach check with AD to make sure entire team has turned in all paperwork before uniforms are issued. Because of difficulties in the past years we will not give an athlete a uniform unless they are in compliance. This could result in games being forfeited. Coaches are asked to collect all the uniforms at the last game and turn them in at one time. Team parents could be helpful in collecting paperwork, fees and uniforms. They can also help arrange transportation to and from games/tournaments.

\*All coaches will provide parents and athletes with their philosophies and expectations during the first week of practice.

Please sign the Coaches Code of Conduct sent from the AD. Please keep this handbook and set of individual sport rules for reference. Thanks again for your cooperation.

### **Role of Parents**

Parents of children participating in the CYAA program should be made aware of the philosophy and guidelines as presented in the CYAA handbook.

Parents should be encouraged to take an active part in the CYAA athletic program at Saint John XXIII.

1. Parents can have a great influence as spectators at the game. It is of importance that this influence be of a positive nature. Coaches and player are encouraged and motivated by the support of parents and the greatest support and encouragement is needed after a loss.
2. When relating to coaches and officials, parents should be an example of cooperation and respect.
3. If you have question or concerns regarding your athlete please make an appointment with the coach

away from the team and other spectators.

4. Parents are to refrain from offensive language and actions. Taunting and/or swearing is not to be tolerated in the CYAA sports program.
5. Parents will respect the judgment of an official or umpire.
6. Parents must monitor the academic progress of their child according to the standards as delineated by the school. The athletic director will contact parent after report cards or progress reports are received if there is a problem.
7. It is not the responsibility of the coaches to look after siblings during practice or games.
8. Pick up your athlete on time from games and practices.
9. Make sure athletes turn in paperwork and \$85 sports fee before the first practice of every season.
10. Remind athletes to turn in uniforms to their coaches after the last game. If uniforms are lost, damaged, or turned in late, your FACTS account will be charged a replacement fee of \$100.
11. Please help with transportation to and from sporting events, snacks and chaperoning prior to the start of games. All drivers need to fill out the appropriate forms. Coaches will assign athletes to vehicles for transportation.(turn in notarized transportation forms to the front office).
12. Parents please know that by signing up your child to play a school sport that you have read the entire handbook and agree to abide by all rules, philosophies and regulations.

### **Role of the Student Athlete**

Athletics is a valuable part of our Christian community. Participation in athletics fosters loyalty and commitment, builds confidence as well as individual, team and school spirit and, and teaches sportsmanship through competition.

1. Punctuality to practices and games is an absolute in order for the student athlete to be prepared for competition. The student athlete shall notify the coach in advance if he or she will be late or miss a practice or game.
2. Student athletes are expected to dress properly for all practices and games. This includes proper undergarments, shoes and protective gear. If you have any questions refer to the student handbook. For safety, no necklaces, earrings or wrist jewelry are allowed. (This includes rolled shorts or midriff shirts)
3. All players will show respect for Saint John XXIII and opposing team's equipment and facilities. This includes picking up trash, water bottles and all debris upon the completion of a practice or game.
4. Saint John XXIII athletes need to demonstrate a Christian attitude and sportsmanship towards officials, coaches, team members, opponents and spectators.
5. Playing time, positions and discipline are to be determined by the coach, athletic director and school administration.

6. Student athletes need to maintain a 2.0 GPA with no failing F's. The GPA must be maintained for the playing season and prior to the next sport; any questions please refer to the student handbook.
7. If a student athlete is absent from school he/she is not allowed to play in a game that day.
8. If a student athlete is serving time in proof class after school, he/she cannot participate in a game or practice that day. If a student receives three proofs they cannot participate for two weeks in any school activities, games or tournament. If they receive a proof during that time period they receive an additional two-week suspension of activities. If a fifth proof is received the student athlete is removed from all activities for four weeks. Please refer to the student handbook for additional details regarding proofs.
9. A student athlete is issued a uniform for each sport and they are responsible for taking care of it. The uniform will be checked out at the beginning of the season and collected by the coach at the end of the season tournament. Failure to return a uniform could result in the holding of a report card/diploma and the ability to compete in the next sport. A lost or damaged uniform must be replaced at the expense of the student athlete.
10. A positive attitude is everything. Student athletes are expected to maintain and demonstrate a positive, Christian, team-oriented, teachable and coachable attitude.
11. The student athlete needs to turn in all paperwork and fees prior to the first practice of the season. This fee covers the cost of equipment, league fees, officials and uniforms. Paperwork includes this packet signed and physical/emergency forms.
12. Try-outs will be posted prior to the season starting. In 7/8<sup>th</sup> grade, coaches will field teams according to ability, enabling Saint John to play competitively with the league. 5/6<sup>th</sup> grade teams will focus on teamwork, sportsmanship and skill development allowing each player quality playing time on the court/field during the season. Coaches have discretion over playing time during the tournaments. If coaches are available we will form as many teams necessary to allow full participation of all athletes.
13. Treat teammates and opponents with respect regardless of their level of talent.
14. Refrain from offensive language and actions.
15. Strive to win without placing undue pressure on self or teammates.
16. Respect the decision of officials and umpires.
17. Give fully of himself/herself during practice and games.
18. Accept the guidance of coaches.
19. Zero tolerance for alcohol and substance abuse.
20. Be a good winner as well as a good loser.
21. Have Fun!!!

### **Role of Team Manager**

1. To assist the coach in communicating with parents via e-mail or phone calls
2. Help collect fees and paperwork from student athletes/Maintain current roster (communicate changes to AD)
3. To verify games a few days prior to competition.
4. To organize transportation to games/practices (snacks/lunches before tournaments and games)
5. Pick up assigned team uniforms from Athletic Director before games begin (Coach may do this)
6. Collect uniforms at the end of the season and return to the PE office
7. Supervise student athletes on campus prior to games and practices (or set up a schedule)
8. Coordinate yearbook pictures with Athletic Director
9. Be current in Called to Protect class

### **Role of the Athletic Director**

1. Attends all athletic director meetings.
2. Inform and update Principal of all sporting activities.
3. Notifies all coaches of meeting times and locations. E-mails coaches frequently with information pertaining to their sport.
4. Gets signature of Principal on all forms or rosters being submitted.
5. Submits proper forms or rosters to C.Y.A.A. Athletic Directors upon due dates.
6. Monitor the academic standings of players according to the standards as delineated by the school.
7. Confirm games 24 hours in advance to avoid scheduling conflicts.
8. Cancel games due to weather by noon so that officials can be notified.
9. Provide officials for all games.
10. Provide Master Sport Schedules for website, office and Coaches.
11. Schedule and submit paperwork for fields and courts.



12. Provide each coach, parent, and participant with a copy of the Saint John Handbook and CYAA rules. Enforce our handbook and collect sport fees and paperwork. Work with business office to keep detailed records of uniforms and fees.
13. Recruit coaches for all sports and levels
14. Submit newsletter articles for weekly email news and website
15. Help coordinate weekly courtyard prayer athletic reports and pep rallies with Student Leadership Team
16. Have coaches submit Pride Award nomination, MVP and other awards needed for end of year
17. Provide yearly budget. This includes inventory and ordering of equipment and uniforms.
18. Coordinate with Parent and Teacher Organization's Athletic Chair.
19. Design and order spirit t-shirt and sweatshirt.
20. Help coordinate team photos for yearbook.
21. Provide camp information at local High Schools and Clubs. Develop relationship with High Schools

### **Academic Probation**

A student who receives a "D" in two courses, a failing grade "F" or a GPA below 2.0 for a quarter grade is not successfully progressing in their academic studies. In such a case, the student will be placed on academic probation. The student and student's parents will meet to discuss an appropriate course of action to help the student succeed. Students on academic probation may be required to attend a mandatory study hall/tutoring until academic performance improves. Additionally, the student will be rendered ineligible for extra-curricular activities/athletics for a two week period. The student's progress will be reviewed on a weekly basis during this time.

Students who fail to put forth the effort to achieve minimum standards each quarter may be assisted in finding an alternate placement that will better met their needs.

**CYAA Calendar (Please click on link below)**

<http://www.catholicschoolsphx.com/cyaa.php>

## Diocese of Phoenix CYAA School Locations

OLPH Glendale – Blue and White  
7521 N 57<sup>th</sup> Avenue  
(North of Glendale Avenue)  
Glendale, AZ 85301  
623-931-7288 FAX 623-930-0256

St Louis the King – Blue and Gold  
4331 W. Maryland  
(43<sup>rd</sup> Avenue and Maryland)  
Glendale, AZ 85301  
623-939-4260 FAX 602-253-4124

St. Matthews - Blue and Gold  
2038 W. Van Buren Street  
Phoenix, AZ 85009  
602-254-0611 FAX 602-253-4124

St. Gregory's – Blue and White  
3440 N 18<sup>th</sup> Avenue  
(19<sup>th</sup> Avenue and Osborn)  
Phoenix, AZ 85015  
FAX 602-266-4055

St. Jeromes – Blue and Gold  
10815 N 35<sup>th</sup> Avenue  
(North of Peoria Avenue)  
Phoenix, AZ 85029  
FAX 602-467-4929

Christ the King – Blue and Gold  
1545 E Dana  
(East of Stapley, 2 blocks south of Main)  
Mesa, AZ 85204  
FAX 480-844-4498

Queen of Peace - Blue and White  
109 N McDonald Street  
Mesa, AZ 85201  
480-969-0226 FAX 480-275-2097

Most Holy Trinity – Green and White  
535 E Alice Avenue  
(South of Dunlap at 7<sup>th</sup> Street)  
Phoenix, AZ 85020  
602-943-9058 FAX 602-943-3188

St. Mary Basha – Lt Blue and Gray  
200 W Galveston  
(West of Arizona Avenue)  
Chandler, AZ 85224  
480-963-4951 FAX 480-963-8959

St. Daniel the Prophet – Blue and White  
7923 E. Latham  
(South of McDowell)  
Scottsdale, AZ 85257  
480-949-8034 FAX 480-949-9961

St. Theresa – Blue and White  
5001 E. Thomas Road  
Phoenix, AZ 85018  
602-840-0010 FAX 602-840-8323

St. Agnes – Green and Gold  
2311 E Palm Lane  
(24<sup>th</sup> Street South of Thomas)  
Phoenix, AZ 85006  
602-244-1966 FAX 602-286-0250

St. Vincent de Paul – Red and White  
3130 N 51<sup>st</sup> Avenue  
(Osborn and 51<sup>st</sup> Avenue)  
Phoenix, AZ 85031  
623-247-8595 FAX 623-245-0132

SS. Simon and Jude – Green and White  
6351 N 27<sup>th</sup> Avenue  
(North of Bethany Home Road)  
Phoenix, AZ 85017  
602-242-1299 FAX 602-433-7608

St. John Vianney – Blue and Silver  
539 La Pasada Blvd.  
Goodyear, AZ 85338  
623-932-2434 FAX 623-925-0094

Saint John XXIII – Blue and White  
16235 N 60<sup>th</sup> Street  
Scottsdale, AZ 85254  
480-905-0939 FAX 480-905-0955

St. Catherine of Sienna – Red and White  
6413 S Central Avenue  
Phoenix, AZ 85040  
602-276-2241 FAX 602-268-7886

St. Thomas Aquinas  
13720 W Thomas Rd  
Avondale, AZ 85323  
623-935-0945 FAX 623-935-5044

St. Francis Xavier – Blue and Gold  
4712 N Central  
(Next to Brophy)  
Phoenix, AZ 85012  
602-266-5364 FAX 602-279-0423

St. Thomas the Apostle – Red and White  
4510 N 24<sup>th</sup> Street  
Phoenix, AZ 85016  
602-954-9088 FAX 602-381-3256

OLPH Scottsdale – Green and White  
3801 N Miller Road  
Scottsdale, AZ 85251  
480-874-3720 FAX 480-874-3767

Our Lady of Mt Carmel – Red and White  
2117 S Rural Road  
(South of Broadway in Tempe)  
Tempe, AZ 85282  
480-967-5567 FAX 480-967-6038

St. Peter Mission – Gold and Blue  
P.O. Box 840, 2 St. Peter Road  
Bapchule, AZ 85221  
520-315-3835 FAX 520-315-3963

Scottsdale Christian – Red, White and Blue  
14400 N Tatum Blvd.  
(Between Thunderbird and Tatum)  
602-992-5100 Ext 1081 FAX 602-992-0575

Phoenix Hebrew Academy  
515 E Bethany Home RD  
Phoenix, AZ 85012  
602-277-7479 FAX 602-274-0713

St. John Bosco – Blue and Yellow  
16035 S 48<sup>th</sup> Street  
Phoenix, AZ 85044  
480-219-4848 FAX 480-219-5767

St. Timothy Catholic Academy  
2520 S Alma School Rd  
Mesa, AZ 85210  
480-775-2650 FAX 480-775-2651

Sacred Heart School – Red and White  
131 North Summit Avenue  
Prescott, AZ 86301  
928-445-26221 FAX 928-445-0966

All Saints Episcopal – Blue and White  
6300 N Central Avenue  
Phoenix, AZ 85012  
602-274-4866 FAX 602-274-0365

Christ Lutheran – Blue and White  
3901 E Indian School Road  
Phoenix, AZ 85018  
602-957-7010 FAX 602-955-3191

Phoenix Christian Jr HS – Green and Silver  
1751 W Indian School Road  
Phoenix, AZ 85015  
602-265-4707 FAX 602-248-0592

Phoenix Country Day School  
3901 E Stanford Drive  
Paradise Valley, AZ 85253  
602-381-3057 FAX 602-381-4539

Phoenix Day/Deaf – Blue and Gold  
1935 W Hayward Avenue  
(19<sup>th</sup> Avenue South of Northern Ave)  
602-336-6808 FAX 602-336-6944

The King David School  
12753 N Scottsdale RD  
Scottsdale, AZ 85254  
480-991-4333 FAX 480-991-4115